



Extended Schools - Breakfast Club Menu



(Produced in-line with the Government's food-based standards for all schools as published by the School Food Trust)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cereals	Cereals	Cereals	Cereals	Cereals
	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Teacakes/Pancakes Toast	Fruit Bagels/Crumpets Toast	Muffins/Waffles Toast	Fruit Loaf/Pancakes Toast	Plain Bagels/Rolls Toast
	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk
Week 2	Cereals	Cereals	Cereals	Cereals	Cereals
	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais	Yoghurts/Fromage Frais
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Muffins/Waffles Toast	Plain Bagels/Pancakes Toast	Crumpets/Teacakes Toast	Fruit Bagels/Rolls Toast	Fruit Loaf/Pancakes Toast
	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk	Fruit Juice, Water or Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Cereals Yoghurts/Fromage Frais Fresh Fruit Plain Bagels/Crumpets Toast Fruit Juice, Water or Milk	Cereals Yoghurts/Fromage Frais Fresh Fruit Waffles/Rolls Toast Fruit Juice, Water or Milk	Cereals Yoghurts/Fromage Frais Fresh Fruit Fruit Loaf/Pancakes Toast Fruit Juice, Water or Milk	Cereals Yoghurts/Fromage Frais Fresh Fruit Muffins/Teacakes Toast Fruit Juice, Water or Milk	Cereals Yoghurts/Fromage Frais Fresh Fruit Fruit Bagels/Pancakes Toast Fruit Juice, Water or Milk

Cereals will include three varieties from: Weetabix, Cornflakes, Multi-grain cereal, Rice Krispies, Malted Wheats and Branflakes.

Bread/Rolls will be 50/50, Best of Both or similar.

Toppings will include a selection from: jams, marmalade, marmite, fresh/dried fruit.

Fruit will include a selection from: bananas, strawberries, raspberries, melons, kiwi, blueberries, dried fruit and other seasonal fruits.

Drinks will be a choice from water, milk and fruit juice.

(This is a three week rotating menu and subject to change as necessary.)